

CAME Webinar



Date: Tuesday, May 27, 2025 – This webinar will be delivered in English

Title: Learning in Discomfort: The Role of Productive Struggle in Clinical Education

Presenter: Dr. Naomi Steenhoff, University of Toronto

Biography:

Naomi Steenhof is an assistant professor at the University of Toronto, a scientist at The Wilson Centre, and a pharmacotherapy specialist at the University Health Network. Her research focuses on helping healthcare trainees develop

the skills to adapt and learn in new situations, with a special interest in teaching methods that support beginners in building a strong foundation for future learning.

Overview:

Learning in Discomfort: The Role of Productive Struggle in Clinical Education” explores how meaningful challenges can enhance learning and growth in clinical settings. The talk will summarize the evidence behind productive struggle as an instructional strategy and share practical strategies for implementation in a clinical setting. This session aims to empower educators to foster adaptive expertise in their trainees, ensuring safe and effective patient care both now and in the future?

Learning Objectives:

By the end of the session, the participant should be able to:

1. Describe productive struggle and distinguish it from unproductive struggle.
2. Summarize the evidence supporting productive struggle.
3. Identify strategies to implement productive struggle in clinical education.